

2nd International Academic Congress of Sleep Medicine  
2nd International Academic Congress of TCM Psychology



Time: Apr.25—27, 2008

Address: Beijing China

Hosted By: TCM Psychology Committee of World Federation of Chinese Medical Societies  
International Sleep Medicine Society of Traditional and Modern Medicine  
Chinese Sleep Research Society

Organized by: Guang An'men Hospital China Academy of Chinese Medical Sciences  
Beijing Mosttree Healthy Consultative

Center Theme: Innovation and Development: from the historical to the modern

Academic reports for the congress (to be continued)

1. transformation of the medical pattern and harmony of Chinese society
2. TCM treatment on sleep disorders
3. international research progress of sleep medicine
4. studies on psychology of sleep

Theme of sub-assembly

Theme of first sub-congress: TCM psychology & oriental and western culture

Academic reports:

1. Expectation of china government to establishment and development of TCM psychology
2. issues on the establishment of TCM psychology
3. application of current psychological research method on TCM psychology
4. research on diagnosis and treatment of TCM psychology

Academic lectures of the first sub-assembly

Studies on basic theory of TCM psychology

Studies on diagnosis of TCM psychology

Studies on TCM psychology Literature

Studies on treatments of TCM psychology

Treatment of psychological diseases for the special groups

Research on psychological disease treated with TCM therapy

Research on psychosomatic disease treated with TCM therapy

psychological and psychosomatic disease treated with other therapy(acupuncture, qigong, and massage)

Research on both qigong and TCM psychology

Research on methodology of TCM health psychology

TCM psychology and nursing psychology

summit forum

the role of TCM psychology department in the development of TCM hospitals

case discussion

the second sub-assembly

the 2<sup>nd</sup> international academic congress of sleep medicine

theme: sleep medicine and development of society

reports for the congress

1. studies of national and international sleep medicine
2. research progress of PSG
3. mechanism of neurology and endocrinology systems on sleep
4. research on the analysis of sleep stage with modern techniques

academic lectures of the first sub-assembly  
 sleep and safety( transportation industry and society )  
 comparison of sleep medicine between western and oriental medicine  
 studies on research method of traditional and modern sleep medicine  
 integrated treatment of western and Chinese medicine on sleep disorders  
 research on animal models of sleep medicine  
 clinical research on sleep disorders  
 compilation and application of TCM treatment guideline for sleep disorders  
 Sleep disorders and nursing  
 summit forum: establishment of sleep medicine department  
 case discussion  
 training class  
 training class on sleep medicine: recent national and international techniques of diagnosis and treatments on insomnia  
 Training class on TCM psychology: application of clinical techniques of TCM psychology  
 Training class on the clinical application of bio-feedback

Forms of the congress

Special reports in the forum, separated lectures, satellite congress, results exhibition

Language: Chinese and English, simultaneous interpreters offered

Please visit the website for the latest information of the congress

#### Registration Fee

| International Delegate | Registration time                | General delegates | Students | Delegate from cooperation |
|------------------------|----------------------------------|-------------------|----------|---------------------------|
|                        | Before Dec 31 <sup>st</sup> 2007 | 300 US\$          | 150 US\$ | 600 US\$                  |
|                        | After Dec 31 <sup>st</sup> 2007  | 400 US\$          | 200 US\$ |                           |

(Note: Accommodation fee not included)

Office of the Conference : 5 Beixiang St. Xuanwu District Beijing, China, TCM Psychology Committee of World Federation of Chinese Medical Societies

Address:

5 Beixiang St. Xuanwu District Beijing, China

Room 721, Administrative building

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Ladies and Gentlemen:

Sleep medicine has been worldwide promoted with the help of sensing technology, computer technology, biomedical engineering and molecular biology recently. Alternative medicine has been playing extremely important role in the development of sleep medicine. Most of the departments related with sleep medicine such as neurology, psychiatric, ENT, respiratory and cardiovascular disease, psychology, pediatrics, gynecology, rehabilitation, and TCM have been integrated recently, from which useful experience can be learned. With the establish process of the sub association pertaining to The International Sleep Medicine Society of Traditional and Modern Medicine, multiple subjects and fields related with research on sleep medicine have been deepened to promote the sleep medicine socialization. Because of discussion on establishment of sleep medicine, perfect running mode and academic communication of it, sleep medicine and healthy sleep have been drawing attention of the whole society. The 2<sup>nd</sup> international conference of sleep medicine, organized by TCM psychology committee World Federation of TCM, and the International Sleep Medicine Society of Traditional and Modern Medicine and Chinese sleep research society, will be held in Beijing from Apr 25 to Apr 27.

I conference content

1 academic report for opening ceremony

- 1.1 changing medical mode and harmony society in China
- 1.2 TCM therapy for sleep disorder
- 1.3 national and international sleep research
- 1.4 orthodox clinical psychology and TCM clinical psychology

2 lecture

- 2.1 international progress of sleep medicine
- 2.2 research on mechanism of neurology-endocrinology for sleep onset
- 2.3 research on progress of PSG
- 2.4 research on sleep psychology

3 articles for conference

- 3.1 sleep and psychiatric
- 3.2 sleep breathing disorder
- 3.3 TCM and sleep disorder disease
- Comparison of western and oriental medicine on sleep
- Research method of orthodox and traditional sleep medicine
- Research on animal mode for sleep disorders
- The 5<sup>th</sup> national TCM sleep medicine academy
- 3.4 Development of surgery related with sleep medicine
- 3.5 sleep related disease
- 3.6 special group (soldiers, women, children, and [white collar worker](#))
- 3.7 sleep and rehabilitation, pain
- 3.8 guidelines for TCM treatment of sleep disorders
- 3.9 Sleep disorders and nursing

4. Summit for sleep medicine

- 4.1 establishment of sleep medicine
- 4.2 establishment of sleep medicine department
- 4.3 discussions on application of sleep medicine in community hospital and individual hospital.
- 4.4 invention application and extension of sleep medicine products

5 discussion and visit

- Case discussion
- Visit to advanced sleep centers

6 others

- 6.1 Training course: training class about new skills of insomnia diagnosis
- 6.2 Award for outstanding young doctor by The International Sleep Medicine Society of Traditional and Modern Medicine (ISMSTM)
- 6.3 Award for excellent sleep medicine enterprise
- 6.4 Award for excellent research paper
- 6.5 publication of CD for “Chinese Sleep Medicine”

II time and place of summit

Time: Apr 25<sup>th</sup> -27<sup>th</sup> 2008

Place: Beijing China

III registration Free

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(Note: Accommodation fee not included)

IV conference format

Specialty report; group report; satellite conference; wall newspaper; production exhibition

Language: Chinese and English (including simultaneous interpreter)

About latest news: please visit to website

Related service: feast and normal reception; travel after the conference

V Office of the Conference: 5 Beixiang St. Xuanwu District Beijing, China, TCM Psychology Committee of World Federation of Chinese Medical Societies

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Room 721, Administrative building

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VI? website: <http://www.tcm.org.cn>

Organization of The 2<sup>nd</sup> international TCM psychology academy

and the 2<sup>nd</sup> international sleep medicine academy

Aug 8<sup>th</sup> 2007

#### Article Notice

2nd International Academic Congress of TCM Psychology

Ladies and gentlemen,

2nd International Academic Congress of TCM Psychology will be hold in Beijing during April 25<sup>th</sup> to 27<sup>th</sup>, 2008. This congress is hold by TCM Psychology Committee(TCMPC) World Federation of Chinese Medicine Societies(WFCMS), The International Sleep Medicine Society of Traditional and Modern Medicine (ISMSTM), and Chinese Sleep Research Society. And organized by Guang An'men Hospital China Academy of Chinese Medical Sciences, and Beijing Mostree Healthy Consultative Center. (You can log on our website to get the details: [www.tcm.org.cn](http://www.tcm.org.cn)). The theme of this congress is 'TCM psychology and eastern and western culture '. The main contents of the conference are about TCM theory, basic research, diagnosis research, literature research, the excavation and reorganization of the TCM psychology treatment. The details about the articles in this congress are as follows:

The content of the congress

First the invited academic report at the opening ceremony of the congress.

The alternation of the medical models and the harmonious society.

The treatment of TCM for sleep disorders.

The sleep research from both home and abroad.

The clinical psychology from both modern times and TCM

Second, special speech

1. The national hope of the discipline construction and development of the Chinese psychology

2. Several problems about the discipline construction of Chinese psychology .

3. The application of the modern psychology research method in TCM psychology research.

4. The excavation and reorganization of TCM psychology diagnosis and treatment.

Third, the main content of the article

The basic theory, research method, history of the development, the various theory, experiment research of TCM and the psychological cooperation of Chinese and western medicine

The technology of diagnosis and treatment of TCM and the cooperation of Chinese and western medicine

The reorganization and modern research of the method to improve our intelligence

The preventing and controlling of the psychological disease, neurosis, and brain disease of both TCM and cooperation of Chinese and western medicine

The application of psychology of TCM and the cooperation of Chinese and western medicine in the diagnosis and treatment of the internal, Gynecology, pediatrics, surgical medicine, and other fields

The compared research of TCM psychological theory, diagnosis technology with modern medicine psychological theory, mental and body medicine theory and method

The efficiency research of TCM psychological disease and mental and body disease

The non-pharmacotherapy ( such as acupuncture, Qigong, massage and others) in psychological disease and mental and body diseases.

The medicine intervention in the special team's abnormal psychological state .

The research on Qigong and psychology of TCM

Forth, the peak forum of psychology of TCM

The discipline construction of TCM psychology

The department construction of TCM psychology

The discussion about the development of TCM psychology in community and private hospitals

The innovation, application and the development of the technology of TCM psychology

Fifth, discussion, Observes and emulates

The discussion about the difficult diseases

The observes and emulates of excellent TCM psychology department.

Sixth, others

The training course: the practical technical training of TCM clinical psychology.

The TCM Psychology Committee (TCMPC) World Federation of Chinese Medicine Societies (WFCMS) will issue 'the prize for youth Chinese medicine psychological doctors' Prizes for excellent Chinese medical enterprises

Time and place for the congress

Time: April 25 to 27, 2008

Place: Beijing, china

Fees for the congress

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The form of the congress

The special report of the forum, branch conference, satellite conference, wall papers, and display of the achievements

The language of the congress: Chinese and English, the congress will offer simultaneous translation.

The news of the congress

Please log on our web site to get the latest news and the arrangement.

The travel and service of the congress: one banquet, and one reception, travel service after the congress.

Secretariat office

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the website of the congress : <http://www.tcmit.org.cn>

2nd International Academic Congress of TCM Psychology

2nd International Academic Congress of Sleep Medicine

union organization committee

August 8<sup>th</sup>, 2007

(Mehr Info DR. Meng Alexander , [www.meng.at](http://www.meng.at) bzw. Manfred Richart [www.akupunktur.at](http://www.akupunktur.at) 01.Dez.2007)